



Hawkins County Schools

Family Resources

It's Test Time in Tennessee!

TCAP (Tennessee Comprehensive Assessment Program) for Students in grades 3-8

- TCAP will be administered in Hawkins County on April 12—15, with makeup dates on April 18 and 19, 2011.
- TCAP is a timed, multiple choice assessment that measures skills in Reading, Language Arts, Mathematics, Science and Social Studies.
- Scores from these assessments will be provided to teachers and school administrators to help them address the instructional needs of students. These results are one measure of student achievement during the school year.
- Parents will be given a copy of test results as soon as they become available and can use these results to understand their child's academic strengths and weaknesses.

Tennessee has made changes to the academic standards in an effort to better prepare students for life after high school. This means that students are learning more at an earlier grade and learning at a deeper level than before. Test questions have changed to keep aligned with changing standards.

In addition to basic knowledge and fact recall, students will be required to apply knowledge to analyze, create, interpret and evaluate information.

Help your child do their best on the test by :

Preparing for Testing

- Encourage your child to take responsibility for homework and class study.
- Help you child learn how to find information independently.
- Praise your child for work done well.
- Encourage your child to ask questions at home and in class.
- Assure your child knows that you value a good education.

Testing Day

- See that your child is rested and eats breakfast.
- See that your child arrives at school on time and is relaxed.
- Encourage your child to do the best work possible.
- Do not send your child to school if illness is apparent.
- Do not remove your child from school on test days for appointments.

Sample test questions by grade level can be found at
http://www.tn.gov/education/assessment/ach_samplers.shtml

April 2011

The Morning Rush	2
Build Better Vocabulary	2
Experimenting with Water	2
Math Then and Now	3
Calendar	4

TEST ANXIETY

Students may experience anxiety about tests and may experience heightened anxiety before a testing situation. A certain degree of test anxiety is normal and may help students prepare more effectively, work more efficiently, and remain focused during testing. Too much anxiety, however, can negatively affect performance. The following strategies may assist students, parents, and teachers in reducing test anxiety.

Parent Strategies for Reducing Test Anxiety

- Discuss the test openly and in a positive way.
- Have realistic expectations of your child's performance while encouraging his/her best efforts.
- Emphasize that the test is only one measure of academic performance.

Student Strategies for Reducing Test Anxiety

- Share your feelings of anxiety with parents and teachers.
- Think of the test as an opportunity to show what you know.
- Review homework and materials which pertain to the test topics.
- Relax, breathe deeply and stay focused on the test.
- Remember the test is only one way your academic performance is measured.



The Morning Rush

Your morning routine can have a huge effect on how you feel the rest of the day. Instead of getting out of bed earlier to do everything, family psychologist Kathleen Kendall-Tackett recommends trying the following tips to save time.

1. After dinner, prep breakfast food and make lunches for the following day. Have your kids lay out their clothes before going to bed.
 2. Avoid last-minute surprises by asking your kids what items they will need for the following day's activities. Have them gather everything together in the evening.
 3. Keep spare school supplies accessible and in a designated area.
 4. Set aside an area for each family member to place items they will take to work or school the next day. Have children check that they have everything the night before so they're not looking for lost homework in the morning.
 5. Have healthy, self-serve food on hand for breakfast.
 6. Organize bathroom drawers and cabinets so you don't have to search for the items you use every day.
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Build Better Vocabulary

Learning new words is an adventure. Show your child how much fun vocabulary building can be with these activities.

Write acrostics. Have your youngster write a word vertically on graph paper, one letter per box. Then, work together to use each letter as the first letter of a new word. The trick? Try to relate each word to his original word—that will help him remember its meaning. Example: For SPHERE, you might write sun, Ping-Pong ball, head, earth, round, equator.

Keep a word journal. Encourage family members to add interesting words and their definitions to a shared notebook. Suggest that your child use words he learns in school or reads in books. Idea: He can find a new word a day on the Daily Buzzword page at www.wordcentral.com.♥

Experimenting with Water

It's in the sky, in the sink, and even in your youngster's breath. It's water!

Try these science activities to show your child the different forms that our most common liquid can take.

Condensation

Clouds form in the sky because of condensation. Your youngster can see condensation for himself by standing close to a mirror, taking a deep breath, and exhaling. A circle of steam will appear on the mirror—that's condensation.

It forms because his breath contains water vapor, and when it hits the cool mirror, tiny droplets of water form. Can he find other examples of condensation? (Examples: fogged-up car window, steam coming out of a whistling teakettle.)

Surface tension

How many marbles can your child add to a full glass of water? Have him fill a glass all the way to the top with water. Then, ask him to gently drop marbles into the water, one at a time. He should carefully watch what happens. The water will rise into an oval shape above the rim before eventually spilling over. You can explain that the molecules in water cling together, which creates something called surface tension. This causes a "skin" to form on top that keeps the water from dribbling out.♥

Mathematics
Then and Now

Solving and Graphing Inequalities OLD High School Algebra 1	Solving and Graphing Inequalities NEW 6 th Grade Math
<p>Test item taken from TN Algebra 1 Practice Gateway Exam © 2007 http://www.tennessee.gov/education/assessment/doc/GateMath_08Samp.pdf</p> <p>36 Which graph illustrates $x \geq -10$?</p> <div style="display: flex; flex-direction: column; gap: 10px;"> <div style="display: flex; align-items: center;"> F </div> <div style="display: flex; align-items: center;"> G </div> <div style="display: flex; align-items: center;"> H </div> <div style="display: flex; align-items: center;"> J </div> </div> <p style="text-align: center; margin-top: 20px;"><u>ANSWER : F</u></p> <p>$x \geq -10$ means all values greater than and equal to -10 (shade with <i>closed circle</i> since $x \geq -10$ means $x > -10$ AND $x = -10$)</p>	<p>Test item taken from TN 6th Grade Practice TCAP Test © 2009 http://www.tennessee.gov/education/assessment/doc/ACH_G6PracticeTest.pdf</p> <p>16 Which number line shows the solution for $x + 2 > 5$?</p> <div style="display: flex; flex-direction: column; gap: 10px;"> <div style="display: flex; align-items: center;"> F </div> <div style="display: flex; align-items: center;"> G </div> <div style="display: flex; align-items: center;"> H </div> <div style="display: flex; align-items: center;"> J </div> </div> <p style="text-align: center; margin-top: 20px;"><u>ANSWER: J</u></p> <p>$x + 2 \underline{-2} > 5 \underline{-2}$ $x > 3$ (shade with open circle b/c $x > 3$ not $x \geq 3$)</p>

For more information on TCAP or EOC practice materials, please visit the TN DOE website:

http://www.tennessee.gov/education/assessment/ach_samplers.shtml

http://www.tennessee.gov/education/assessment/sec_samplers.shtml

Grades 3-8 TCAPs will be April 13th – 19th

High School EOCs will be May 3rd – 13th

For any questions or more information, please contact HCS Math Specialist – Tara Harrell

tara.harrell@hck12.net

Hawkins County Schools

200 N. Depot Street
Rogersville, TN. 37857

423-272-7629



**Educate and Graduate
Each Student**

CHILD FIND

Local school systems provide services for special needs children and young adults, ages 3 years to 21 years, who reside within the system's district. If you have or know children who are currently not being served, please contact the Hawkins County Special Education Department at 272-2168.

Parenting Classes

Hawkins County Schools Family Resource Center provides free services to families. Services include:

- ♦ Parenting Classes
 - ♦ Lending Library of parenting resources, videos, books, children's material
 - ♦ Food Pantry
 - ♦ Referrals to Community Agencies
- For more information, call 921-9621.

Early Childhood

Learning Program - PreK

Hawkins County Schools currently has four PreK classes. These programs are offered at Mooresburg Elementary, Mt. Carmel Elementary, Joseph Rogers Primary and at the Colonial Road location in Rogersville.

The mission of the Early Childhood Learning Center is to provide four-year-old children of Hawkins County with essential skills for success in kindergarten and beyond.

For more information, please call Kim Cassidy at (423) 272-3628.

Adult Education

The Adult Education Department of Hawkins County Schools offers free services to adults including GED classes and test preparation. Day and evening classes are available. The Adult Ed Office is located behind Rogersville Middle school. For more information, please call 423-272-8345.

GED Classes:

Volunteer High

Monday & Tuesday 5:30—8pm
Rogersville Middle

Monday & Tuesday 3:30—7pm

Bulls Gap Baptist Church

Thursday 5:30pm—8pm

Adult Education, & GED Classes

Adult Ed. Office

Monday—Friday 1pm—3pm

English as a Second Language

Adult Ed. Office

Monday-Friday 12:30—2:30pm

**Hawkins County
Health Department**

201 Park Blvd., Rogersville 272-7641
247 Silver Lake Rd., Church Hill 357-5341

Hours: 8:00am to 4:30pm

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11 End of 5th six weeks	12 TCAP Testing Grades 3-8	13 TCAP Testing Grades 3-8	14 TCAP Testing Grades 3-8	15 TCAP Testing Grades 3-8	16
17	18 TCAP Testing Grades 3-8	19 Report Cards go home TCAP Testing Grades 3-8	20	21	22 Good Friday No School	23
24 Easter Sunday	25	26	27	28	29	30